

TA

CORRESPONDENCE

as of 3-19-2021

From: Safe Routes to School San Mateo County Office of Education
To: [Board \(@smcta.com\)](mailto:Board (@smcta.com))
Subject: March & April - Safe Routes to School Newsletter
Date: Wednesday, March 17, 2021 4:55:23 PM

ATTENTION: This email came from an external source. Do not open attachments or click on links from unknown senders.

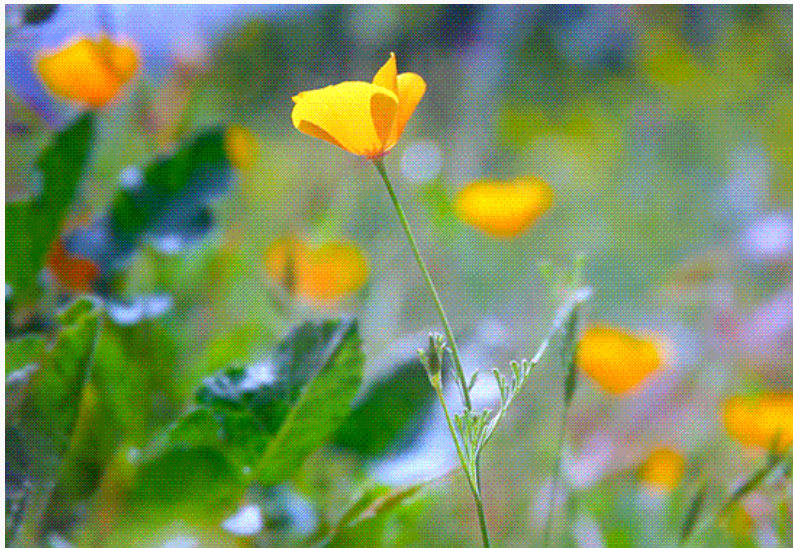
[View this email in your browser](#)



San Mateo County **SAFE ROUTES TO SCHOOL**

Healthy Kids • Green Communities • Safe Journeys

March - April 2021

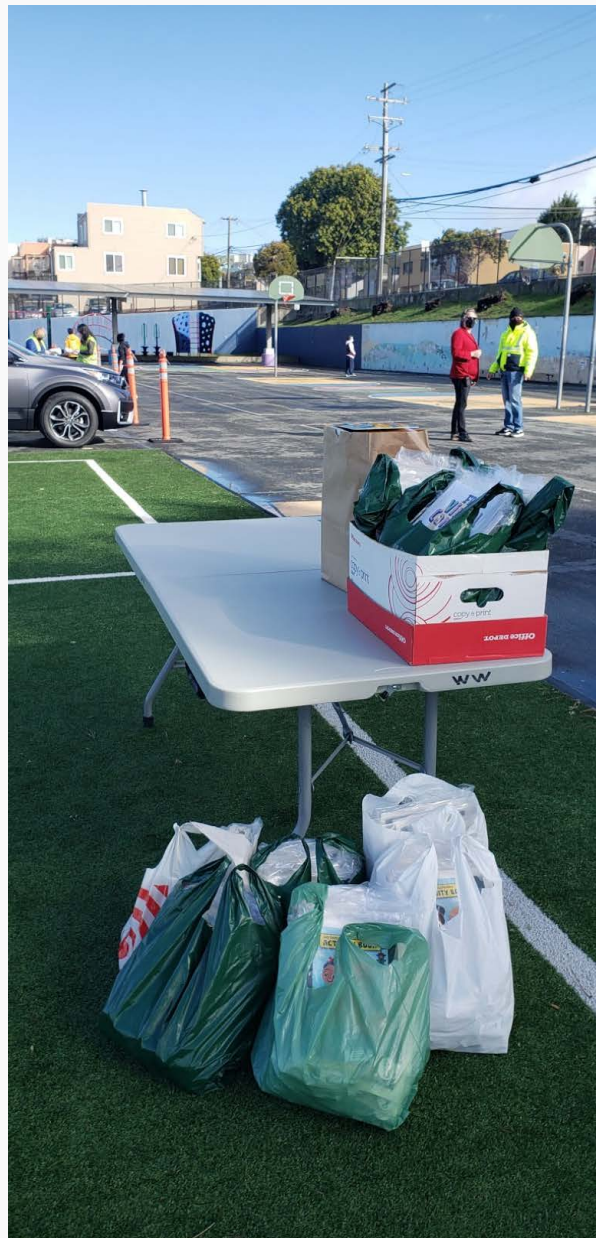


Spring has sprung! With our beloved California poppies sprouting from the ground, days getting longer, and Earth Day right around the corner, there has never been a better time to celebrate the planet we live on by getting out for a socially distant walk, hike, or bike ride.

Safe Routes to School Distribution Events

Traffic safety materials were distributed to hundreds of families at socially distant events at Woodrow Wilson Elementary School in Daly City, Belle Haven Elementary School in Menlo Park, and Ravenswood Middle School in East Palo Alto.

Do you work with a public school or community organization in San Mateo County? Would you like to receive free traffic safety materials? Please email Isabella Farinelli at ifarinelli@smcoe.org or Sonia Schendel at sschendel@smcoe.org to learn more.



Safe Routes to School Parent / Caregiver Survey

The San Mateo County Safe Routes to School Parent/Caregiver Survey is open and will remain open until **April 15th**. It has been restructured to take all of the current iterations of learning into account (distance, hybrid, etc.) as well as issues parents may have in getting their children to school. Parent/caregiver feedback allows us to adjust the Safe Routes to School program features to best meet the needs of each individual school, whether children are learning from home or attending school in person. Parent/caregiver feedback will also be shared with decision-makers throughout the county and school community who can address infrastructure issues regarding safe walking and biking.

This survey will take approximately 4 minutes to complete. Please spread the word and [click here to take the survey in English](#) and [here to take the survey in Spanish](#).

[You can access social media posts here.](#)



Silicon Valley Bike Coalition Bike Summit

Call for Proposals

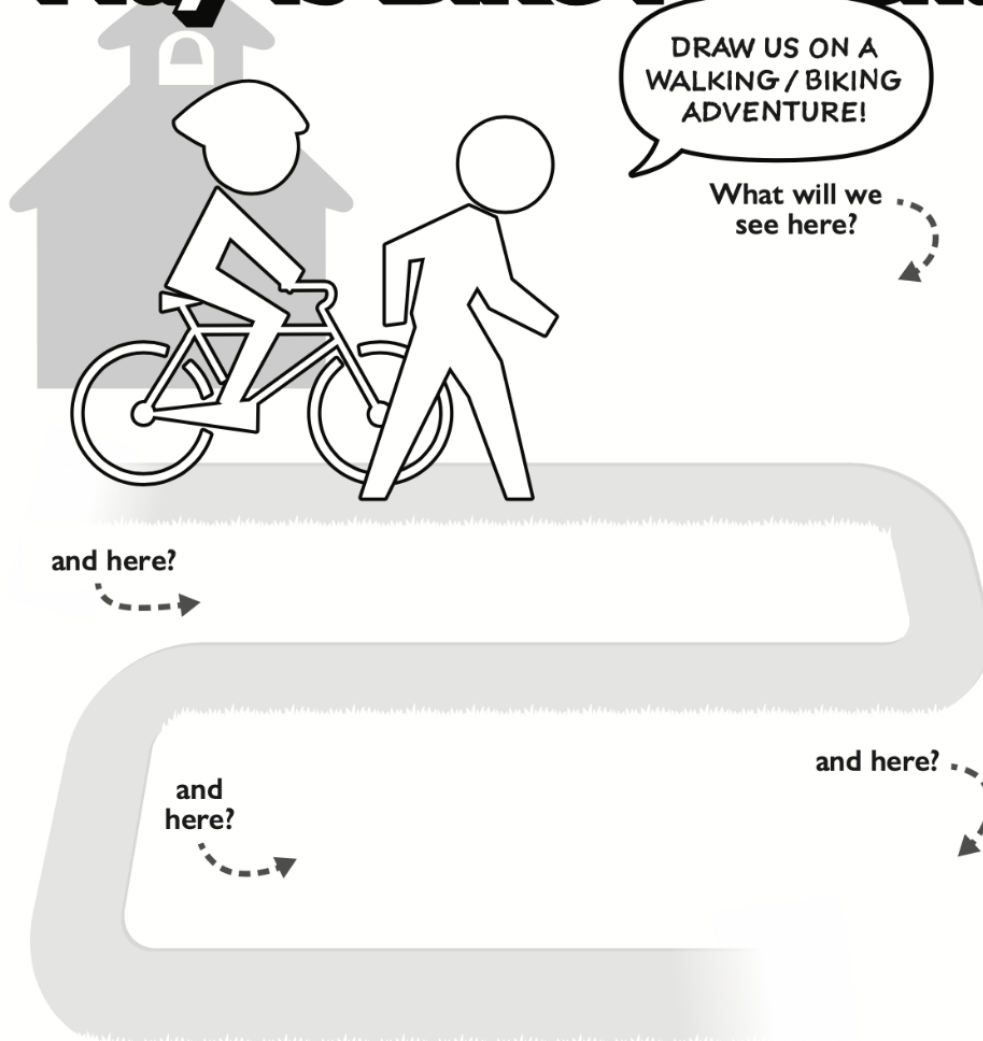
Have you worked on a project during the pandemic that had a large impact on changing transportation behavior? Can you captivate a (Zoom) room to keep people on their toes through innovative storytelling? Do you have a group of people you want to get together to dive into an important topic such as equity, new mobility, or reducing vehicular traffic? Do you know someone who gave the best presentation you've seen that needs to be shared with the SVBC Bike Summit community?

SVBC is requesting proposals from speakers/moderators for the 11th Annual SVBC Bike Summit [via this form](#). Deadline for submission is **Friday, March 26, 2021**.

[Click here to learn more.](#)



May is Bike Month!



Join San Mateo County Office of Education's **Safe Routes to School Program** in celebrating National Bike Month this May! Take the characters from our logo on a walking and cycling adventure by coloring in this page. What will they see during their journey? Draw in what you think they'll encounter on their path and share your finished artwork with SRTS@smcoe.org for a chance to be featured on the County Office of Education's website.

Remember to always wear a helmet, and stay safe and aware on your rides, walks, and rolls through your neighborhood!



May is Bike Month!

In honor of National Bike Month (in May), San Mateo County Safe Routes to

School is asking students to take the characters from our logo on a walking and cycling adventure by coloring the page above. What will the characters see on their journey? Draw in what you think they will encounter and share your finished artwork with us for a chance to be featured on the San Mateo County Office of Education's website. You can either email the finished drawing to SRTS@smcoe.org or mail it to us at 101 Twin Dolphin Dr., Redwood City, CA 94065.

[Click here to view the full-sized pdf](#) and [HERE if you would like to use a Bike Month Zoom background!](#)

Walk & Roll to School Day Poster Contest

San Mateo County Safe Routes to School is hosting a contest to help design the 2021 Walk & Roll to School Day poster! Students at all grade levels are encouraged to submit their original artwork of their ideal neighborhood! Does it have a park? Plenty of shady trees? A garden? An ice cream shop at every corner? The possibilities are endless! Posters can be created by individual students, small groups, or classrooms and must be submitted by **Friday, March 26th**. For entry rules and information on how to submit an entry, [view the full-sized poster here](#). The winning entries will be made into posters that will be shared with schools countywide to promote this annual event. We look forward to seeing all of the talent and passion that San Mateo County students have!

CALLING ALL ARTISTS!

Walk and Roll to Anywhere Poster Contest

San Mateo County Safe Routes to School is hosting a contest to help design the 2021 Walk & Roll to School Day poster! Students at all grade levels are encouraged to submit their original artwork of their *ideal neighborhood!* Does it have a park? Plenty of shady trees? A garden? An ice cream shop at every corner? The possibilities are endless! Posters can be created by individual students, small groups or classrooms. The winning entries will be made into posters that will be shared with schools countywide to promote this annual event!

Entry Rules and Guidelines:

- All entries must be on an 8 1/2" x 11" sheet of paper and leave a 1/2" inch border around the perimeter
- Please do not use lined paper
- All words must be spelled correctly (English or Spanish)
- Please outline pictures and words in black marker and use markers (not crayons) to color in the poster
- Name, grade-level, teacher, school and district must be written in ballpoint pen on the back of the submission
- Artwork should focus on creating your ideal walking and biking neighborhood!
 - Does your ideal neighborhood... have a park?
 - lots of shady trees?
 - bike lanes?
 - ice cream shops on every corner?

Earth Day is April 22, 2021 and May is Bike Month!

Submissions may be mailed to

Safe Routes to School
San Mateo County Office of Education
101 Twin Dolphin Drive
Redwood City, CA 94065
OR
sent by email to:
srts@smcoe.org

BY
March 26, 2021

Winning entries will be used for Earth Day and Bike Month 2021!

Questions?
Contact us at: srts@smcoe.org




¡LLAMANDO A TODOS LOS ARTISTAS!

Concurso de Carteles

San Mateo Safe Routes to School le invita a participar en un concurso para ayudar a diseñar un cartel para el día de caminar y montar en bicicleta de 2020. Se animan los alumnos a cada nivel de grado a entregar su arte original de su vecindario ideal. ¿Tiene parque? ¿Muchos árboles con sombra? ¿Un jardín! ¿Una heladería en cada esquina? ¡Las posibilidades son infinitas! Los carteles se pueden ser creados por los individuos, por los grupos pequeños o por las clases enteras. Las obras ganadoras serán hechas en carteles que se compartirán con todas las escuelas a través del condado para promover este evento anual.

Las reglas y las directrices para entrar:

- Todas las obras deben ser hechas en una hoja de papel de 8 1/2" x 11"
- Por favor, no use papel rayado
- Todas las palabras deben estar escritas correctamente
- Por favor, perfila las imágenes y las palabras con un plumón negro y use plumones (no crayones) para colorear su cartel
- Incluya su nombre y apellido, su nivel de grado, su maestra/a y el distrito, con bolígrafo en la parte posterior de su obra
- Las obras de arte deben enfocarse en crear su vecindario ideal para caminar y andar en bicicleta!
 - ¿Tu barrio ideal ... tienes un parque?
 - muchos árboles de sombra?
 - ¿líneas de bicicletas?
 - heladerías en cada esquina?

El Día de la Tierra es el 22 de abril de 2021 y ¡Mayo es el mes de la bicicleta!

Envía su arte antes del:

26 de marzo, 2021

a la

Safe Routes to School
San Mateo County Office of Education
101 Twin Dolphin Drive
Redwood City, CA 94065

o por correo electrónico:
srts@smcoe.org

¿Preguntas? Puede mandar un correo a srts@smcoe.org




Take Action on Earth Day

Did you know that Earth Day always falls on **April 22nd** and is now celebrating its 51st year? If you are as big a fan of our planet as we are, we would like to encourage you to show mother nature your appreciation. Whether it's picking up trash in a place you love, going on a gratitude walk, opting to bike instead of drive, eating a plant-based meal, or educating someone else on the importance of preserving our home and its animal inhabitants, the earth appreciates it all.

For fun and educational environmental quizzes and trivia, check out [the earthday.org](http://the.earthday.org) site or [the Golden Gate National Parks Conservancy](http://the.Golden.Gate.National.Parks.Conservancy).



Take Action Now!

Virtual Safe Routes to School Story Time

We have been having so much fun reading stories, sharing pedestrian and bicycle safety tips, and doing exciting activities every Wednesday at 1:00 pm! We will continue to explore themes from corresponding environmental and social justice awareness days such as International Day of the Elimination of Racial Discrimination, César Chávez Day, Autism Awareness Day, the anniversary of the Native American Civil Rights Act of 1968, Earth Day, National Day of Silence, and Asian-Pacific American Heritage Month.

Be sure not to miss it by [registering here](#). Feel free to [download the flyer](#) and share the news with all students and families, even if they are not in San Mateo County.

If you are a teacher and are interested in bringing Story Time with Safe Routes to School to your virtual classroom for FREE, please email Isabella Farinelli at ifarinelli@smcoe.org or Sonia Schendel at sschendel@smcoe.org for more information and to schedule a date and time.

STORY TIME

with Safe Routes to School



Come take a lunch break with **San Mateo County Office of Education's Safe Routes Program** every Wednesday at 1PM. A different book will be read each week. Join our reading adventure and gain a better understanding of pedestrian, bicycle, and traffic safety.

Most appropriate for Kindergarten to 5th graders.

Readings Every Wednesday at 1:00 PM

2/24/2021 • 3/3/2021 • 3/10/2021 • 3/17/2021 • 3/24/2021 • 3/31/2021
4/7/2021 • 4/14/2021 • 4/21/2021 • 4/28/2021 • 5/5/2021

Register Here:
tinyurl.com/1w9mcp9a



Acterra You(th) Be the Change Program

Acterra is now launching a FREE educational climate and environmental-based after-school program designed for middle school students in 7th and 8th grade called **You(th) Be the Change**. Acterra would love to connect with any educators interested in offering the pilot program to middle school students this spring.

Over three weeks, students will participate in six in-depth, interactive sessions to learn about climate science, climate change impacts, and local and global actions to combat climate change. Programs such as You(th) Be the Change are needed to ensure that climate education becomes a mainstay in public schools across the Bay Area. During this time of distance learning, the You(th) Be the Change Program will be offered to students in a virtual setting. The

program's long-term outcome is to inspire youth leadership. Acterra believes a sustainable future is one that embraces, empowers, and provides a voice for youth.

This is a great opportunity for students to engage in transportation advocacy and SRTS initiatives in their communities! Contact ybtc@acterra.org or visit acterra.org/youth-be-the-change.



Safe Routes to School at Home Fun for the Whole Family

For many, this month marks a year of living with social distancing guidelines. It can be easy to feel that we are more disconnected from others than ever before. For this reason, we continue to compile lists of free, virtual, and family-friendly activities. Choose from storytime, meeting puppies, and yoga and dance classes! We hope these activities can spread smiles, laughter, and overall well-being.



Saturday Morning Beginner Ballet with San Diego Ballet Saturday, March 20

The San Diego Ballet offers free ballet classes for children every Saturday morning! Children will learn fun stretches and ballet basics! All classes are on Zoom. Classes are for children ages 6- 11 and are for beginners and intermediate-level dancers.

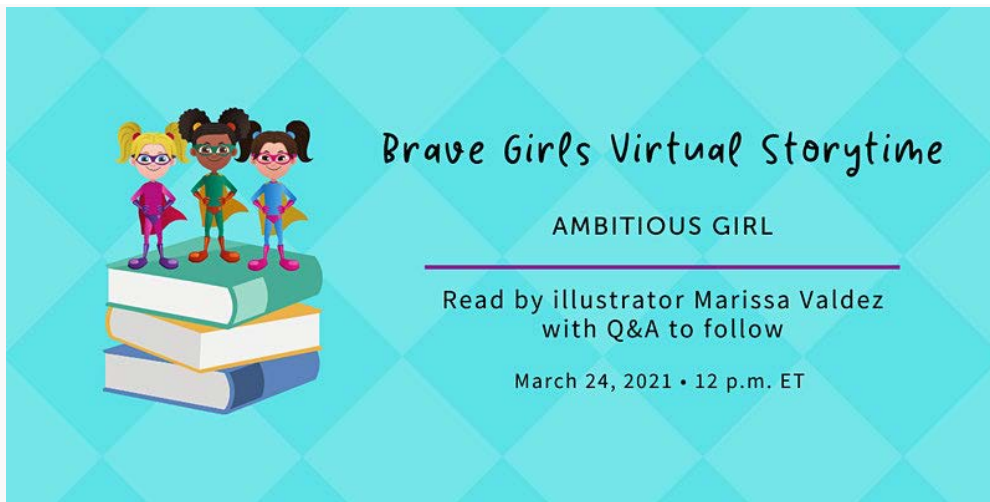
[Click here to learn more and register for the event.](#)



Brave Girls Virtual Storytime With the National Women's History Museum

March is Women's History Month and on **Wednesday, March 24th at 9 am PT**, the National Women's History Museum will host their virtual Brave Girl Storytime and read *Ambitious Girl* by Meena Harris. Marissa Valdez, the book's illustrator, will also be in attendance. [Click here to register for the FREE event.](#)

[Click here to see other FREE upcoming virtual events
with the National Women's History Museum.](#)



Paws and Pages Online with Annenberg PetSpace Wednesday, March 24

This fun, family-friendly online reading will feature a new story read each week, followed by a virtual Pet Encounter! You can enjoy the story, “meet” an adoptable pet, and post questions for an animal care specialist.

[Click here to learn more and register for the event.](#)



Free First Fridays

**at the San Mateo County History Museum
Friday, April 2**

The San Mateo County History Museum is free to the public on the first Friday of the month and all activities are virtual. There will also be online tours of the museum throughout the day. Be sure not to miss their next event on April 2nd.

[Click here to learn more.](#)



**Yoga Class for Kids...Virtually!
with Family Resource Navigators
Tuesday, April 13**

Explore your mind, body, and breath during a 40-minute yoga session. Participants will learn a few animal-themed and nature-observed stretches and poses.

[Click here to learn more and register for the event.](#)



Earth Kids **with Dallas Environmental Quality and Sustainability** **Thursday, April 22nd**

Get clucky this Earth Day and talk about backyard chickens! Why are some eggs different colors? What do chickens eat? Why do some people keep them in their backyards? Find out the answers with special guest, Bonton Farms.

[To see other Earth Kids events and register for their Earth Day event, click here!](#)



HEADSPACE®

Free Headspace Account Take a Mindful Walk

Headspace and San Mateo County Behavioral Health and Recovery Services partnered to provide free mental health resources for those who live, work, or go to school in San Mateo County. Sign up to access meditations, sleep sounds, and movement exercises designed to help you care for your mind — all free through August 2021 for new Headspace members. Click [here to sign up for an account](#).

If you or someone you know is having difficulty coping with stress, San Mateo County Behavioral Health and Recovery Services can provide additional support at any time.

Dial 711 or (800) 686-0101 / TDD: (800) 943-2833 or
visit <https://www.smchealth.org/bhrsservices>



Copyright © 2021 Safe Routes to School, All rights reserved.

You are receiving this email because you are a Safe Routes to School grantee or Safe Routes to School partner.

Our mailing address is:

Safe Routes to School
101 Twin Dolphin Dr
Redwood City, CA 94065-1064

[Add us to your address book](#)

Want to change how you receive these emails?
You can [update your preferences](#) or [unsubscribe from this list](#).

